

# Happy Talk

## Learn More language! You Can Never Have Enough!

This year we have learned how to build on the Nursery Rhymes we know in order to learn lots of new things, like...

- Learning new words
- Learning about routines
- Learning lots of different words
- Developing early reading skills
- Telling stories
- Using arts and crafts activities
- Using our imagination

We'd love you to practice all these skills in every language you know. You can get started right now! Let's learn some new Christmas words in lots of different languages!

English	Gaeilge	French	Spanish	German	Polish	Arabic	Italian
Happy Christmas!	Nollaig Shona!	Joyeux Noel	Feliz Navidad	Frohe Weihnachten	Wesołych Świąt	عيد ميلاد سعيد Eid Milad Saeid	Buon Natale
Gift / Present	Bronntanas	Cadeau	Regalo	Geschenk	Prezent	هدية مجانية hadiat majaania	Regalo
Santa	Daidí na Nollaig	Père Noël	Papá Noel	Der Weihnachtsmann	Święty Mikołaj	بابا نويل baba nuil	Babbo Natale



## December 2023

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
<b>25</b>	<b>26</b>	27	28	29	30	31

25 Dec ● Christmas Day 26 Dec ● St. Stephen's Day



For further information visit:  
[www.hse.ie/happytalk](http://www.hse.ie/happytalk)

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December 2023



## Rhyme

### Reindeer Hokey Pokey

Put your two hooves in, Put your \_\_\_\_\_ out, Put your \_\_\_\_\_ in and shake it/them all about!  
Do the Hokey Pokey and turn around, That's what it's all about! Oh! Hokey, Pokey, Pokey!  
That's what it's all about!



## Mindful Moment

### Bell Ringing Mindful Moment

Choose a specific bell to use for this activity and introduce it to the children, explaining that it is going to be our mindfulness or noticing bell. Ring the bell and invite the children to listen to the sound of the bell makes until you can't hear it anymore. Ring the bell again and invite the children to take some deep breaths while the bell is ringing. Invite the children to notice the other sounds they hear once the ringing has stopped. What other sounds did you notice?



## Rhyme Time Voices and Games

### Rhymes are the Best!

What language are in your home? Can you try this song in the languages you know?!

Put your two hooves in!  
Put your antlers in!  
Put your fluffy tail in!  
Put your red nose in!

Cur do dhá chosa isteach!  
Cur do bheannaí isteach!  
Cur do eireaball isteach!  
Cur do shrón dearg isteach!

