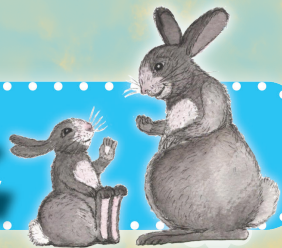


Happy Talk



Language Activity: Let's Get Ready

In August we are getting ready for new... new adventures, new learning, new places to learn in. Try a new game to get you started:

A Moving Game: Beans

Whether it's with a large group, or just whoever is at home, invite everyone to walk around slowly and listen to the leader who will call out;

- Jumping Bean: Jump
- Runner Bean: Run / Run on the spot (depending)
- Baked Bean: Lie down until next Bean
- Jelly Bean: Wobble like jelly
- Chilly Bean: Shiver and shake
- Frozen bean: Stand very still
- String Bean: Be as tall as possible
- French Bean: "Oooh la la!" "Bonjour"
- Back to Back Beans: Find a partner and sit back to back
- Flat Beans: Lie down
- Magic Beans: every one say "Abrakadabra" pretend to have wand



Learning new things can take time:

If this game is new you may want to start with just 2 or 3 types of beans and add a new type of bean to the mix each time you play!

Moving on to something new can be hard for small children but we can help them prepare for change. Starting preschool, starting big school or moving onto the next class can be tricky! Here are a few tips!

Take a photo of the new school/teacher, print it and show it to your child

Use a calendar in August/September to show when it's time for pre-school or big school – mark each day, or move a sticker along it every day!

Talk about feelings – name them and acknowledge them; excited, nervous, happy

Involve your child in the preparation e.g. buying a new school uniform/pencil case and school bag.



August 2026

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

● 3 Aug - Bank Holiday

Happy Talk

August 2026

Rhyme Time Voices and Games: Using Rhymes for fun and literacy!

Change the First Sound in Your Name:

This game is silly and fun! Can you find some new silly names, that rhyme with your name, but have different first sounds?

Nibbles might become Bibbles,
Dribbles, Sibbles, Mibbles!!

But be careful Grown Ups: Names can change in words you don't want to practice e.g. Twitch might become..... B.... Woops! Be careful!

Robot Voice

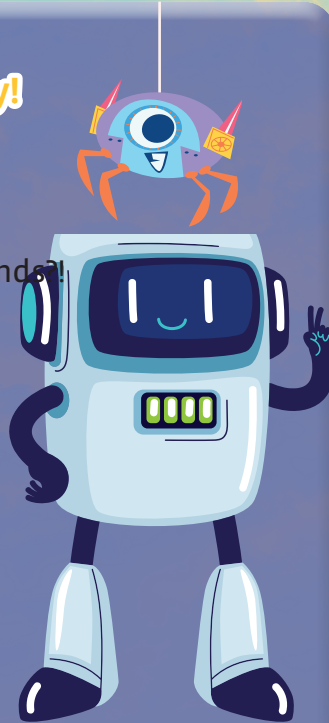
Find your Robot Button on your arm. When you press it you are a Robot! Say your favourite rhyme as a robot and break the words up into parts e.g. In.... cy... Win....cy Spi... der!

Marching / Clapping Rhymes & Songs

When you march or clap to the beat of the rhyme or song you are finding the rhythm! A great early literacy skill!

Silly rhyming words

Just like the first game, can you swap some of the rhyming words in your favourite rhyme to make it silly! Real words or made up words are all great! Humpty Dumpty sat on a ball! Humpty Dumpty had a great call! All the king's horses and all the kind den, Couldn't put Humpty Together a-pen!



Smiling for Smiles Mindful Moment



Invite the children to take a few deep breaths before we get started. Invite them to slowly turn the sides of their mouth up into a smile with each breath; a simple natural smile like when you see your friends. Notice the lips, how do they move and stretch? Does your smile change any other part of the face – the cheeks, the eyes, the eyelids... the ears, the tongue... breathe deeply and smile to everyone in the room...

The physical act of smiling, no matter how you feel, helps to make us feel good!



Rhyme

Change the First Sound in Your Name